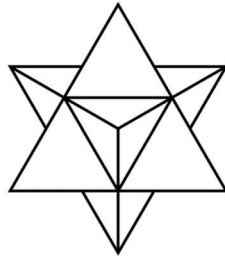


Soulstone Spa & Apothecary



Post Micro Needling Treatment Guide

For the first 24 hours after a treatment, make sure you don't use any skin products that aren't non-comedogenic or specifically designed to be used with micro needling such as makeup, sun screen, sun block, tanning lotion, facial peel or any skin care products that contain irritating and toxic ingredients.

This is important because the micro needling process boosts the absorption of any product that's placed on your skin up to 24 hours. It is best to avoid using topical products that contain irritating ingredients.

You should also avoid using alcohol-based products after a treatment because they will make your skin feel dry.

You should avoid direct sunlight after the procedure. If a 0.5 to 1.0mm needle is used, you'll want to avoid direct sunlight for 2 to 7 days. Longer microneedles (1.5 to 2.0mm) will require over 1 week.

If you must go outside, please apply an SPF 30 or higher mineral sunscreen.

The area will be red due to the inflammation that's responsible for the induction of collagen. Usually, this will clear up within 24 hours, 2 to 7 days with longer needles of 1.5 to 2.0 mm.

Dry skin may occur due to the loss of skin moisture.

Do not use an alcohol based skin toner after a treatment to avoid further irritation.

Do not apply topical product with irritating ingredients such as glycolic/salicylic/TCA acid, tea tree etc.

The skin may feel tender and tighter to touch.

Do not pick your skin or use a facial scrub until your skin is fully recovered.

Your skin may take on a slightly reddish complexion that resembles a sunburn. This is temporary.

Right after treatment you'll be more sensitive to sunlight. This may last for several days, which is why you should either avoid direct sunlight/intensive sun exposure for about 7 days.

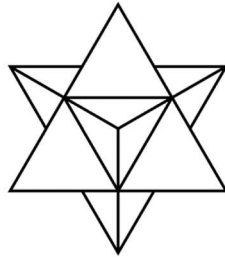
There are rare occasions in which bruising, swelling and small pustules may form. They will usually disappear in several days. The pustules may need to be drained so that scabs don't form.

Some itchiness may occur. In some rare cases, a skin rash with raised, itchy bumps (hives) may occur due to hypersensitivity, in which case you'll need to see a doctor.

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I have read and understand the above information and instructions. I agree to abide by them and release the esthetician and Soulstone Spa & Apothecary of all liability if I do not strictly follow these instructions. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Client Name (Printed)

Date

Client Signature

Therapist Name

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